



Novel Coronavirus (COVID-19): Leicester, Leicestershire and Rutland stakeholder bulletin #19



Issued on behalf of the NHS in LLR

Date of issue: 10th July 2020

Through these bulletins we will keep you updated on the NHS response to Coronavirus in Leicester, Leicestershire and Rutland.

We will try to ensure you have the latest information, but as you are aware the situation is rapidly changing. If you have any questions or would like to ask about a topic please email us at:

PressOfficeLLRCCGs@leicestershire.nhs.uk

Please continue to help us to tackle misinformation by promoting the official sources of information listed at the end of this bulletin.

Leicester Lockdown

As you will be aware, on Monday 29 June the government announced that Leicester and specific localities in its surrounding area will have to follow stricter lockdown restrictions for an extended period which will be reviewed on the 18th July. This decision was taken in response to concerns over a rising number of cases of coronavirus

[Click here for a map of the area](#)

You can also use a [postcode checker](#) to check if the restrictions apply in your area.

Protect yourself and others

This is a reminder that coronavirus is still with us and remains a threat to our health and wellbeing. Please do remember to stay alert and take the following actions to protect yourself and others:

- Stay at home as much as possible. Leave only for work or essentials (such as food shopping or caring for others).
- Keep 2 metres apart from people outside of your household at all times.
- Wash your hands regularly for at least 20 seconds or use hand sanitiser.
- Always wear a face covering when on public transport or in any confined public space, including workplaces, where 2m social distancing is not possible.

Get tested

If you have symptoms of coronavirus or you've been in close contact with someone who has had symptoms, please get tested as soon as you can.

The main symptoms of coronavirus are:

- high temperature
- continuous new cough
- loss of smell
- loss of taste.

Book your test online at nhs.uk/ask-for-a-coronavirus-test or call 119

Each day in the affected areas, NHS staff along with volunteers recruited by Voluntary Action Leicestershire, will be going from house to house inviting people to go for a test if they wish. Local street based testing units will be deployed into those local areas where trained staff will administer the tests, or alternatively people will be offered assistance in booking a test on-line or ordering a home testing kit. Interpreters should be available. You may also receive a text message telling you about the volunteers in the area and the testing options. Our volunteers will not ask you for financial information, passwords or try and enter your home.

Test centres currently open are:

- Belgrave Neighbourhood Centre (indoors, walk-in)
- Birstall Park and Ride (permanent site – drive through)
- Birkett House School, Wigston
- County Hall, Glenfield
- Evington Leisure Centre (mobile unit – drive through)
- Highfields Centre (walk in)
- Shree Prajapati Community Centre, Ulverscroft Road (mobile unit - drive through)
- Spinney Hill Park (mobile unit – walk in)
- Overton Road (Walk in)

NEW!! Video clips in different languages from local GPs on Coronavirus

LLR CCGs have uploaded a set of videos in different languages by local GPs. Languages available include Hindi, Punjabi, Gujarati, Urdu, Polish, Romanian and Telugu. Please help us spread the message by sharing the short clips on your social media and WhatsApp networks. Please see the clips at [GP videos](#)

Your questions answered

Of course you will have many other questions about the local situation and how it affects you: please [see the frequently asked questions page](#) on Leicester City Council's page which is updated daily as things develop. Information about how the restrictions affect Leicestershire are available at <https://www.leicestershire.gov.uk/coronavirus-covid-19/leicestershire-restrictions-your-questions-answered>

Further information

The following are useful sources of information:

[Leicester City Council](#)

[Leicestershire County Council](#)

[Leicestershire Police](#)

[Gov.uk](#)