

Cadeby Parish Council

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Hinckley & Bosworth Community Transport

Dial – a – Ride

Getting out and about is a normal part of everyday life. Something that most of us take for granted. But what if we lose our mobility either through a disability or age? What if public transport isn't accessible to us because we don't live on a bus route or because we've lost the ability to use public transport without help? What if we have no family or friends who can take us to all the places we need to go? Shopping, lunch clubs, the doctor's or the hairdressers or to visit our friends and family at home or in hospital? Everyday events for most of us. If we can no longer do these things life becomes very difficult and we may become depressed and lonely.

We are likely to become housebound and inactive in mind and body.

Research shows that we would be more likely to become victims of cons and scams in our own homes. Something that most of us would find unthinkable and no-one would wish to happen to themselves.

Hinckley & Bosworth Community Transport has the answer to some of these problems for many of our older and less mobile neighbours.

H & B C T's Dial-a-Ride service organises volunteer drivers who use their own cars to take local people who, for a wide variety of reasons, cannot use public transport for essential everyday journeys. **More Dial-a-Ride drivers are urgently needed** to meet the increasing demand on the service. Volunteers give as much or as little time as they want, on a regular or flexible basis. Their mileage is reimbursed so the only cost is their time. Volunteer drivers need a roadworthy car, a valid driving licence, current insurance, a telephone and to enjoy meeting people and helping them out.

If you live in any part of the Hinckley & Bosworth area will you consider joining Dial-a-Ride's team of volunteer drivers? Knowing you have made a difference to someone's life is very rewarding and you could make new friends and even catch up with old ones.

If you'd like to find out more please phone 01455 250462 (weekdays 9.00 – 1.00) or visit our website www.handbct.org.uk. We will be delighted to hear from you.